

PennDulum

A Magazine for Alumni and Friends of Central Penn College

September 2011



I can... **Be the best,** JAMIE NACE

Live the life I want to, KELLY CRANDALL

Believe in myself, MATTHEW FEIDT

The Class of

Many backgrounds, one common goal

I will...

Gain more experience, TRAVIS SCOTTO

Continue serving, ADAM DAWSON

Go to grad school, MARK BURKHOLDER

Never stop improving, SAMANTHA MEYERS



ANH PHAN
Bachelor's Degree
Student of the Year

4

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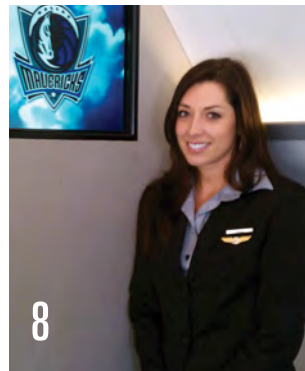
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***PennDulum* Mission Statement**

The mission of *PennDulum* is to help Central Penn graduates stay connected with their alma mater, present opportunities for alumni, friends and community members to assist current and future students, and to share ways that readers can get involved in the life of Central Penn College.

Greetings Alumni and Friends,

On Friday, May 6, at the Forum in Harrisburg, Pa., more than 400 Central Penn students were recognized at the college's 129th annual commencement ceremony. Those who were present to enjoy the evening saw, first hand, how wonderfully diverse Central Penn has become. And while this year's graduates span a wide range of ages, cultural and ethnic backgrounds, and interests, they each have something very special in common: Their hard work and determination has earned them lifelong membership in the Central Penn College family.

In its commitment to support and serve a diverse body of students, the college has made strategic progress to become a more military-friendly institution. Central Penn delights in helping those who have served in our armed forces to earn a degree. **James Whitney '09**, who you will read more about on page 10, is a fine example of a decorated U.S. Navy veteran who turned his potential into career success at Central Penn.

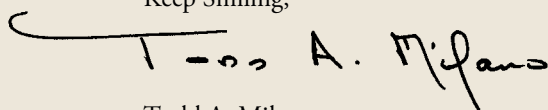
A difficult upbringing and a critical injury while serving overseas—in addition to being told he was not “college material”—did not deter him from his goals. After reading about what he has done since graduation, I am sure you will agree that his achievements have been significant and will have a lasting impact on our society.

Ruth (Black) Kerstetter '48 (and her husband, Jerry), **Mike Aumiller '73**, his wife **Kathy (Hillegas) Aumiller '76**, **Gary Zimmerman '82**, **Susan (Betack) Stottle '83**, and **Ken Stanton '84**, recently visited their alma mater and spent some time with me. Based on my experience with these fine graduates, I was again reminded that Central Penn alumni are doing great things in their careers and in their communities.

To the 2011 class of Central Penn graduates: Congratulations and dream big! I am proud of your hard work and look forward to following news of your future achievements through your correspondence, campus involvement and updates in *PennDulum*.

Please stay connected to your alma mater. We love hearing from you and seeing your smiling faces, so stop by or drop a note to let us know what's been happening in your life, and...

Keep Smiling,



Todd A. Milano
President



The Class of

2011

Many backgrounds, one common goal

BY SARAH GROFF

A working mom studying at night to reach her goal of becoming a college graduate stands in line for her commencement program. Behind her, a young man from inner-city Philadelphia, the first in his family to graduate from college, gets help arranging his cap. Across the room, a man in his forties who is changing careers imagines what it will feel like to walk across that bright stage, diploma in hand, with his entire family cheering him on. He beams with pride.

The lower level of the Forum building in Harrisburg, Pa., is getting packed now, as hundreds of soon-to-be graduates—some young and some not so young—come together in anticipation of the quintessential moment of their Central Penn experience.

The more than 400 students being recognized at Central Penn College's 129th commencement ceremony on May 6 come from many different walks of life. The varying ages, ethnicities and personalities show as they

file through the Forum's bronze doors and head downstairs into the "prep" area. Amid the elated conversations, giggles and rising temperatures, you see a true melting pot of students. They all came to Central Penn looking for support and flexibility in earning their bachelor's or associate degrees, and above all they came to Central Penn for a career-focused education. They all are leaving with the same thing, a Central Penn degree.

“You can. You will.” Students

The processional begins. Professors, board members and college leaders, in their ceremonial robes and tassels, lead the students as they stream into the auditorium. Claps and screams erupt as loved ones and friends spot their graduate.

The excitement and nervousness **Diana Canapp '11** says she felt before the ceremony, peaks. She is an accounting major, graduating magna cum laude, and has a job lined up as an accountant at Gift & Associates in Mechanicsburg, Pa.

Outgoing and friendly **Jamie Nace '11**, Central Penn's first graduate from its new Lehigh Valley location, spots her parents and gives them a wave. She plans to push herself to go for her Master in Business Administration next year.

The students find their places in their rows and the ceremony kicks off from the stage with blue-eyed **Bronwyn Wright '13** giving a strong rendition of the national anthem, followed by Student Government Association President **Jasmine Robinson '13** greeting the class of 2011 with a poem of inspiration.

Inspiration and fierce determination is what drove most of these students throughout their collegiate careers.

Terrie Hummel '11, who could not be at the ceremony, is a prime example. Her children are her motivators.

“My college journey began approximately 14 years before my graduation,” says Hummel, who works as a human resources manager at Ahold USA in Carlisle, Pa. “I worked full time, was married and raised three children. I would like to believe that I have served as a role model for them.”

For those who are at the commencement ceremony, some draw inspiration from the commencement speaker. The speaker is June Werdlow Rogers, Ph.D., an ex-police officer and federal agent. Werdlow Rogers served

as a special agent in charge for the Drug Enforcement Agency, reaching the highest federal government level of senior executive service and field law enforcement rank.

The address was particularly poignant for **Steven Kimmey '11**, a criminal justice administration student. “I found the speaker to be very interesting and inspirational,” says Kimmey.

One of the biggest tips Werdlow Rogers stresses to the graduates as they move on is to always have love in their hearts.

“Graduates, now if I can get you to look in the direction of your own loved ones—or if they are not here, visualize at least one family member, friend or someone you hold dear,” she says. “I want you to remember as you continue to be contributing members of society, that they are the reason you are making your life, your community and your nation a better place.”

These words ring true for **Anthony Bowles '11**. “I was so happy at commencement because my family was all together from North Carolina, New York and Pennsylvania,” gushes Bowles. “I wish my father and grandfather, who have passed away, would have been able to be there to physically witness it,” he says, his voice softening. “I was able to live up to their expectations and goals for me.”

Werdlow Rogers wraps up the commencement address with several final points.

“I have come to understand that working towards ‘we’ is more rewarding than working towards ‘me’,” she says. “Always remember the ‘why’ of your work.”

Adam Dawson '11, a continuing education, homeland security management student who was not able to be at commencement, clearly understands the “why” of his work. Dawson is a transportation security officer at Harrisburg International Airport, a position he obtained while enrolled at Central Penn. The Army veteran explains that his degree allows him to continue to serve his country and take care of his family, wife, Kyung-hee, and daughters, Casey and Hannah.

The rest of the evening blurs together, with students galore crossing the stage—receiving awards, diplomas and handshakes from President Todd A. Milano. Almost all of the students interviewed for this story, including **Travis Scott '11** and **Zeena Garnett '11**, say their favorite part of commencement was walking across the stage.



“When I was actually on the stage at commencement, waiting in line, I was looking around and it finally hit me,” says **Kelly Crandall '11**. “This is actually happening. I’m in the real world now. I had that brief moment, and it was mine.”

Crandall’s “real world” encompasses an internship with a public relations and branding company in North Carolina, where she promotes young

NASCAR drivers. Already, she has been published on websites and has obtained media credentials to cover races.

What's Next?

In this highly competitive job market, several of Central Penn's 2011 graduates have reasons to smile. **Ryan Klawitter '11**, described as "hardworking and motivated to learn" by Professor JoAnne Weaver, says he feels truly privileged to have secured a position at Select Medical in Mechanicsburg, Pa. after a grueling process consisting of eight interviews.

Daniel Mader '11, a motivated homeland security management major and volunteer firefighter of 10 years, is currently working as a 911 dispatcher for the Dauphin County Emergency Management Agency. **Katie Arvey '11** was offered a physical therapist assistant job at the location where she completed Central Penn's internship requirements.

"Upon passing the boards, I will be able to step in as a physical therapist assistant in a local outpatient orthopedic and sports clinic," says Arvey. "When I was diagnosed with multiple sclerosis

during my last term, I thought my dreams of graduating would have to be put on hold. The faculty and staff went above and beyond to see me succeed. For that, I am forever grateful."

Many students have completed, or are in the process of completing, their internships or capstone courses.

Matthew Feidt '11, a law enforcement officer in the making—all the way from his short, clipped speech to his disciplined manner—just finished an internship with a local police department. Goal-oriented **Brandi Kerns '11** is interning at a law office as an office assistant, and cheerful and focused **Laura McElhenney '11** is interning at both outpatient and inpatient physical therapy clinics.

Of the more than 40 students who shared their perspectives for this story, a number had the same answer when asked what their thoughts are as they enter the workforce in today's economy. "Scary!" Many 2011 alumni have already secured jobs and internships, but there are also many who are still searching for a position.

Their fears are valid. Over the past few years, the job market has been shaky for new graduates.

Steven Kimmey, however, is confident despite the intimidating job outlook. "I believe my education and upcoming internship with the Penn Township Police Department will help me secure a job as I enter the workforce."

The good news for Kimmey, and the others, is that for the first time since 2007, the National Association of Colleges and Employers (NACE) found that employers reported a double-digit increase in their spring hiring projections. According to NACE's 2011 Job Outlook Spring Update, employers indicate they plan to hire 19.3 percent more graduates in 2010-11 than they did in 2009-10.

Another statistic that can inspire hope for these graduates is Central Penn's report card. According to its most recent one-year graduate survey, 83.7 percent of graduates are working in their chosen field or continuing their education within one year of graduation.* The key words to note are: in their chosen field. Sure, nearly all the graduates surveyed are

IN RECOGNITION OF OUR BRAVE, SERVICE MEMBER GRADUATES:

- ★ Abbie Chappell
- ★ Kenneth Goss
- ★ Steven Hilliard
- ★ Chad Jovich
- ★ Amanda Keene
- ★ Tiffany Martin
- ★ Mindy Metz
- ★ Jacob Pierce
- ★ Brian Reeve
- ★ Bethany Stimely
- ★ Tierra Washington



"Dean Ed Liesch was really supportive," says Samantha Meyers of Chambersburg, Pa. "He saw me grow as a student and a person while I was at Central Penn."

"I am proud of myself because I am the only one of four siblings, and the only one of eight grandchildren, to successfully complete college," says Cierra (Shearn) Thompson of Mechanicsburg, Pa. "And I worked a full-time job while doing so."

Steven Kimmey of Hanover, Pa., who was known for snapping pictures on the Summerdale campus as a roving photographer, believes the faculty is "absolutely amazing." He says, "I felt the professors genuinely cared for the students."



"I'm really impressed with how free you were to discuss your personal viewpoint, even encouraged to express different opinions," says Mark Burkholder of Lancaster, Pa., a full-time patrolman for Manor Township Police Department. Burkholder, who received the continuing education student of the year award, earned a homeland security management degree at Central Penn Lancaster, and plans to continue his studies at the graduate level. He is pictured at right with William Harris.

In a June 29 *Carlisle Sentinel* newspaper article, Gina Romeo, the associate degree student of the year, was quoted as saying, "I'm so ready to just work and put everything I learned in the classroom to use." In total, Romeo has earned two associate degrees, one bachelor's degree and one master's degree. Romeo is pictured with Academic Dean Kathy Andersen.

employed or continuing their education, but Central Penn prides itself that it is staying true to its mission: To provide an education that prepares its graduates to obtain employment or advancement in their chosen field, continue their education and be contributing members of society.

Glenn Zechman '11, of the Danville area, plans to bring that mission to life. He is one of the first graduates of a bachelor's degree completion program between Central Penn and the McCann School of Business & Technology's Sunbury campus, and feels that Central Penn opened new doors and opportunities for him.

Zeena Garnett, a communications major who is currently interning at Greater Philadelphia Cares, an

organization that promotes volunteerism, is also up for the challenge as she enters the working world. "It is scary," she says. "But I think I'll find a job because if you want something bad enough you'll get it. I won't have anything to worry about if I do my part."

Did Central Penn do its part?

Laura McEllhenny thinks so. So does Anthony Bowles, who says, "Support and initiative is a definite recipe for success. I have the initiative to better myself. When you have students who are inquisitive and eager, and a college that helps you reach your goals; it's a match made in heaven."

But it's not all hard work, cramming for quizzes and making that millionth

mid-term paper edit. The graduates had fun, too, and gave back to their communities along the way.

Mark Kresge '11, will never forget the day he was crowned Fall Harvest homecoming king in 2010. "It was a very emotional day for me and my family," he says. "I raised more than \$1,000 for the Leukemia and Lymphoma Society in honor of my dad who was battling lymphoma at the time." Kresge also met his fiancée, **Amanda Wood '11**, with whom he plans to spend "many, many years."

Brandi Kerns '11 says her best memory of college is one of her roommates. "The friends that you meet in college can be some of the strongest and most advantageous bonds that you can make," Kerns says. 📖

Note: Of the 419 students recognized in the May 6 commencement ceremony, some students' graduation status depends on successful completion of the remaining credits in their curriculums.

*Central Penn College 2009-2010 one-year Graduate Follow-up Report, July 7, 2011. For more information, visit www.centralpenn.edu/success.

to the Fly me moon?

Maybe...

By Lezli Austen





ly with Bruce Springsteen or Saudi royalty? Travel with the 2011 NBA champion Dallas Mavericks? Visit eight countries

in 21 days with the Black Eyed Peas? It sounds like a whirlwind adventure, but it's just a day in the life of Jenni (Vincent) West's '01 dream job as a lead flight attendant for airlines Elan Express and Swift Air.



glad she has made her dreams a reality. I am very proud of her and her achievements!"
"I have many fond memories from Central Penn, especially my interactions with other travel and tourism students," says West. "I remember a great trip to Toronto and Professor Terri Campbell, who was an outstanding teacher. She always pushed us to do our best and really cared about us."

West is based in Dallas, where she met and married Tim in April, 2010.

"I was already a flight attendant when we met, so luckily he was used to me traveling a lot," says West.

And her favorite place to visit? "I get asked that so many times," she muses. "I've been everywhere from Moscow to Jerusalem to the Caribbean and it's hard to pick just one country or city, because every place is different and unique. I do really like St. Kitts in the West Indies, though. I was there something like 13 times in a two-year span, so I really got to know the island." 🍹

"It's something new every day," says West. "But what I really enjoy about the job is getting to know the passengers who I travel with regularly."

West manages the passenger cabin of charter flights with teams that contract with her airlines, such as the Dallas Mavericks, Dallas Stars, Texas Rangers and Oakland A's. She serves as the liaison between the team's travel coordinator and manages "all of the details" for the flight, including the catering.

"Building a relationship with my passengers is much more rewarding than flying with people I will never see again," says West. "Not to mention, one of the perks is we get to go to lots of games on our down time!"

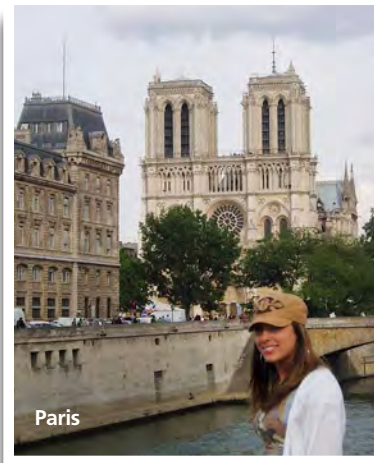
Don't forget the perk of traveling the world, either. West has been on every continent but Australia and Antarctica.

"Australia would be fun, but I can't say I'm excited

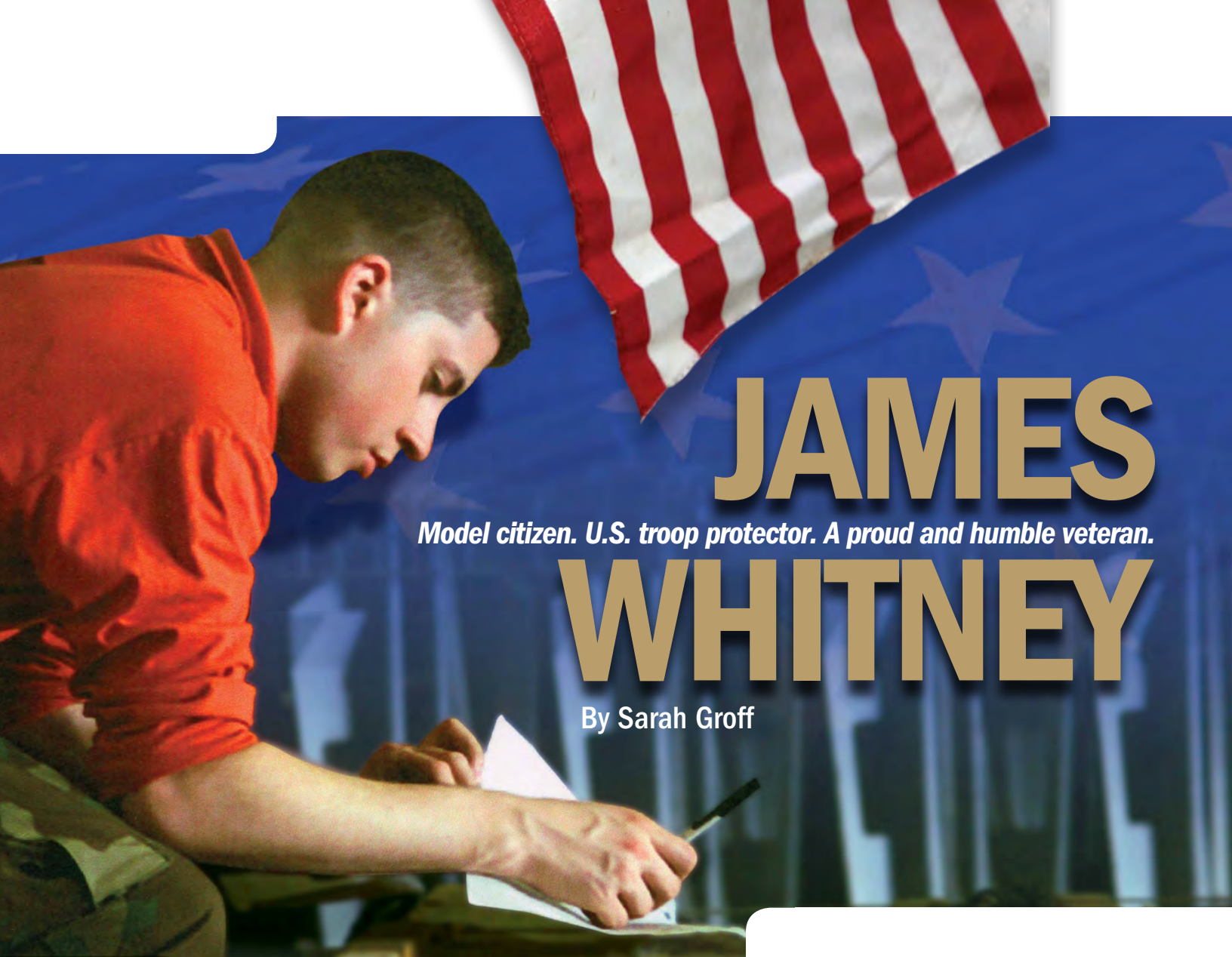
about visiting Antarctica anytime soon," laughs West.

West always wanted to be a flight attendant, but encountered a couple of tough breaks along the way with 9/11 and the airline industry's resulting financial difficulties. West worked for US Airways when she graduated from Central Penn's travel and tourism program in 2001, but was furloughed after 9/11. She then went to work in Charlotte, N.C. for Pace Airlines and transferred to Dallas with the company. When Pace went out of business, she found her current position. It wasn't always easy, but she was determined to overcome obstacles to succeed in her career.

"I knew she would be a great success in the travel and tourism industry," says Professor of Travel and Tourism Operations Terri Campbell. "I remember her as a wonderful, outstanding student, and she always paid attention to detail. I am so



“Building a relationship with my passengers is much more rewarding than flying with people I will never see again.”



JAMES

Model citizen. U.S. troop protector. A proud and humble veteran.

WHITNEY

By Sarah Groff

The glaring, 130-degree sun reflects sharply off the armored plates of the Cougar 4x4 ISS as it charges forward through war-torn Afghanistan. The tactical mission for the ten Marines inside the Mine Resistant Ambush Protected (MRAP) vehicle is simple: complete the mission with no lives lost.

The troops clear their minds, adrenaline pumping through their veins. They prepare for battle, unaware that an invisible assassin blocks their path. A pressure-activated Improvised Explosive Device (IED)—the number one killer of U.S. troops overseas—is buried under the mountainous terrain ahead.

It rocks the massive vehicle when it explodes, enveloping it with a fireball, but the 40,000-pound vehicle fights back. The

v-shaped hull deflects the blast outwards and the huge springs in the suspension system take the brunt of the explosion. The axles and wheels blow off to absorb the shock, part of the design to lessen the probability of traumatic brain injury for occupants. All men inside are saved.

Saving lives is James Whitney's '09 specialty.

Whitney's job is to ensure troops have access to these life-sustaining, MRAP vehicles, which began to replace Humvees in 2005. The Pentagon's Joint Chiefs of Staff released a statement that estimates MRAP vehicles, like the Cougar ISS, have saved roughly 40,000 U.S. lives in Iraq and Afghanistan.

Whitney describes the crucial role he plays in the lives of troops daily as he sits casually in the study in his home, surprisingly calm and down-to-earth for the vital work he does. He is the MRAP subject matter expert for the Defense



Logistics Agency (DLA) distribution headquarters, located in New Cumberland, Pa. If that sounds like a huge responsibility, try this on for size. Whitney operates under a \$3.6 billion dollar fiscal year budget, manages more than 43,000 stock items for more than 100 different types of military vehicles, and provides MRAP logistical support to 26 defense distribution centers and two combat theaters of operation.

The MRAP distribution program was initially given to Whitney in its infancy stage to gauge what he could do with it; the program quickly marched to the top of the defense secretary's priority list. Now, the majority of Whitney's time is spent providing tactical and logistical support to the Cougar line of MRAP vehicles.

The fact that he needs to stay on point, at all times, stays at the forefront of his mind. Whitney says, "Convoys get hit often, almost daily. As the enemy gets smarter and stronger, the U.S. military does too."

The Taliban and al-Qaida had discovered the Cougars' vital areas. Many of the original Cougars were disabled by IEDs or the rugged terrain in southern Afghanistan, Whitney explains as he shows a diagram of the 38 models of MRAPs he works with. It was imperative to find an efficient and effective solution for the Marines in combat, and immediately get them the necessary parts so they would have safe vehicles for patrols and in the warzone. Whitney was part of a large team that coordinated "Operation Throwback," in which an improved axle and suspension system was engineered, mass produced and shipped to the "customer in theater"—a DLA term for troops in combat—in just three months. During Operation Throwback, he reported directly to the MRAP program manager, who reports to the secretary of defense.

"We worked really long hours," says Whitney, the stress of the mission finally peaking through his calm demeanor. "Our distribution centers did not have enough parts in stock, so I coordinated with the DLA Land and Maritime MRAP program manager for the procurement of more than 90,000 parts from different manufacturers, and the shipment of 1,273 axle and suspension kits to our customers in theater."



Advancing in his career quickly, Whitney is gaining responsibility as he proves himself. In just three years, he was promoted from a corporate intern to a subject matter expert.

"Jim has proven time after time that he is professional and dedicated, and fully capable of making a positive impact for the DLA in support of our men and women in the armed forces," says Michael Hasuga, DLA program manager, corporate intern program and senior recruiter, New Cumberland, Pa.

Whitney approached Hasuga at a Central Penn job fair in fall 2008, inquiring about the intern program. The rest is history. Now constantly going to trainings, Whitney has more than 120 certificates, and is an honor roll graduate of the United States Army Logistics Management College in Defense Distribution Management.

"James is completely committed to learning," says Roger Kelley, one of his communications professors at Central Penn and a U.S. Navy veteran. "He has such a positive, upbeat outlook, and is just a phenomenal person. One day in class I said to him, 'Why don't you go for your master's degree?'"

"Jim has proven time after time that he is professional and dedicated, and fully capable of making a positive impact for the DLA in support of our men and women in the armed forces"

And he did. It seems like nothing is beyond his ability."

Whitney is already three classes into his master's degree in organizational development at Shippensburg University.

**AVIATION ORDNANCEMAN
AIRMAN JAMES WHITNEY,
AT YOUR SERVICE**

Whitney can so ably support our troops because he is a decorated U.S. Navy veteran, having served three tours of duty. His study is covered in military memorabilia, from his dress blues hanging on the wall to the glass box filled



with military coins and a standard issue blade that he bought to replace the one he lost when wounded on his third tour.

A boot camp graduation photo of a 19-year-old Whitney poses on the wall. He picks up the 'dixie-cup' style hat that young Whitney is wearing in the photograph off the bookcase and begins talking.

Whitney was trained as an aviation ordnanceman airman; in civilian terms, a bomb technician and weapons expert. Assigned to the USS Kearsarge, an amphibious assault ship with 1,000 sailors and airmen and 4,000 Marines, he quickly became part of the marine support supply squadron. He was one of the people on the front line during the first push in 2003 to take over Baghdad.

Whitney's third tour in 2005 forever changed his world. He was exposed to horrific mental and physical trauma that scarred him for life, leaving him blind in one eye and with a bullet in his head. For his valor, Whitney received the Iraqi Freedom Expeditionary Service Medal with a star, as well as several other honors.

Recovery was difficult. After three-and-a-half painful months of rehabilitation, bills began to mount and he was thrust back into civilian life.



Whitney overlooking the USS Kearsarge, the amphibious assault ship that was his base for three-and-a-half years.

"I had trouble adjusting to the normalcy of being back in the states," says Whitney.

He couldn't find a decent job without a college degree, but was extremely overqualified for jobs that did not require a degree due to his military experience. All alone, learning how to navigate the complexities of using GI bill funding to get into college and finding a government job were overwhelming.

"It was a lose, lose situation," says Whitney. "I ended up working several menial, labor-intensive jobs, living paycheck-to-paycheck. I was very discontent."

In the spring of 2007, Whitney mustered up the fighting spirit instilled in him through service to his country and enrolled at Central Penn College in business administration/marketing. With Central Penn's help, the GI bill was easier to understand.

"It was intimidating to go to college because I held a C-average in high school," says Whitney. "I wasn't sure if I was smart enough. But I was trained that failure is not an option, and so I carried this work ethic with me as I went back to school."

Whitney pushed hard for straight A's. He even opted for one-on-one tutoring outside of class with instructor Jennifer Duff.

"Jim was diligent," says Duff, who considers Whitney a close friend. "He struggled with his writing, but sought extra help because excelling was important to him. I can't say enough good things about him. He's giving, loyal, completely unselfish and helps others, especially veterans."

Between classes and work, Whitney began to volunteer at the American Legion, counseling other veterans and helping them learn to use their GI bill. His advice to veterans who were told they weren't "college material," like he was in his

Reality vs. dreams

THE DRIVE AND DETERMINATION that propels James Whitney forward today was evident at an early age. After high school graduation, he was faced with a big question: Was he satisfied with the cards life had dealt him, or was he to explore who he had the potential to be?

Whitney grew up extremely poor, dealing with occasional homelessness. He moved out on his own at age 15, working full-time at night all through high school to support himself. No foreseeable future. No hope.

At 19, he bought a car with a Youth Hardship Dutchess County Achievement scholarship and raced straight to the Navy recruiter. The second he signed those papers, his answer to the "big question" was clear—rather than letting the challenges in his life define him; he was determined to shape his future with a commitment to succeed.

The military is a tradition in Whitney's family. They set the bar high, especially with Whitney's uncle who served with special operations forces in Vietnam and who was a high-ranking Pentagon official.

"It is a tradition, honor and rite of passage to adulthood in my family to serve our country, and it was my only chance for an education and to move my life forward," says Whitney.





Saving the government \$12 million, Whitney received a coin from Rear Adm. Traaen for proactively developing and implementing a system to make litigated stock issuable. It is rare –and an honor—that names are engraved on military coins, like Whitney’s is.

youth, was to “not accept what others tell you” and that “there’s always a way to get to school.”

After taking day, evening and online classes at Central Penn for two years, often taking five classes per term and working part time, Whitney walked during the May 2009 commencement ceremony at the age of 25. He flew his mother in from California so she could witness her son’s great achievement. Whitney earned a 3.3 GPA and is the first in his family to graduate from college.

“I carry the college’s core values with me every moment of every day.”

As he looks at the framed Central Penn degree on his study wall, Whitney says, “Central Penn fine-tuned me, mentored me and gave me the tools needed for success; transforming me from a determined worker into the hard-working, compassionate and educated leader that I am today. I would not be where I am today if not for Central Penn.”

In the three years since graduation, Whitney has flourished. If the past predicts the future, he will go far, indeed.

“Jim’s goal is to become a senior leader with the DLA so he can ensure he continues to serve his comrades and active duty service members,” says Hasuga. “He struck me as a focused individual from day one.”

Whitney’s passion to help others still burns strong. He continues to pass on his knowledge to other service-connected disabled veterans. He helps coordinate hunting and fishing

expeditions for wounded veterans and provides guidance to them at Veterans Affairs (VA) offices. A regular at the Harrisburg Vet Center, you’ll find him there every Thursday night, shooting the breeze with other veterans over coffee and donuts.

Ralph Duff, a retired senior chief with the Navy and a Marine Corps veteran, thinks the world of Whitney. “Jim is my hero,” says Duff. “And I’ve worked with a lot of guys over the past 30 years. When Jim goes to the VA Medical Center, he makes it a point to spend time with the shut-ins, veterans who live at the hospital and have no family. He is a genuine, decent person.”

Duff befriended Whitney through his wife, Jennifer, the aforementioned Central Penn instructor who mentored Whitney. “Jim became a part of our lives,” explains Jennifer. Now, Whitney serves as a guest lecturer for Jennifer’s classes, alongside her husband, to help students understand the physical and emotional aspects of war.

Whitney’s belief in giving back is something he cultivated at Central Penn.

“I carry the college’s core values with me every moment of every day,” says Whitney confidently. “Central Penn’s faculty taught me that I can be an even bigger service to my country through not only continuing my education, but by also passing on my knowledge so other veterans can follow in my path.”

Also following in his path are two little men, Gavin and Makerian, Whitney’s stepsons. Whitney stays busy with the boys’ sports and Cub Scouts activities.

“Jim is a great guy, dad and husband,” says his wife Shea, reflecting on the adversity Whitney faced to get to where he is today. “My family loves him to death. With his family being spread across the country, my family has become his. We’re all really proud of him.”

Family is obviously very important to Whitney, too. “For the first time in my life, I have the money to support my family, go on vacations and have a retirement plan,” he says modestly.

His home is meticulous, showing traces of his innate military “neat freak.” Whitney’s personal paintings cover the coffee-colored walls. “I love coffee,” he says with a smirk, pointing to the tin coffee cup that was his faithful companion on the USS Kearsarge, now being used as a pen holder in his office.

As the camera from his interview is about to be packed away, he says to wait and carefully plucks a plaque off the wall, holding it gently, tenderly.

He reads its words out loud. “You are not just succeeding for yourself. You must for your men who died without having the chance.” This plaque, and its mantra, was prominently displayed at his bedside while he was recuperating from his injury. Made for him by a friend; it served as a motivator.

When he speaks again, you are reminded of just what makes Whitney extraordinary, and what continues to drive him forward. “I survived, so I need to live my life to the fullest for those who didn’t get to,” says Whitney. “Every day I get to do great things. I feel like I’m making a difference in the world.”

Engle Society Established on Campus

Central Penn College Education Foundation recently welcomed 17 faculty and staff members to its newly formed **Engle Society**. This society recognizes philanthropy among faculty and staff to the Central Penn College Education Foundation at an annual level of \$250 or more.



The Engle Society is named in memory of the late J. Martin Engle '29, a founding trustee of the current Central Penn College Education Foundation, and his wife, Ethel J. Martin Engle '29.



The Engles rose to become successful entrepreneurs during the Great Depression and World War II. J. Martin Engle retired as president and owner of Engle Business Systems in



Janice Moore, college provost; Timothy Engle, Education Foundation trustee/officer and grandson of Mr. and Mrs. J. Martin Engle; and Ric Trevino, college organizational development coordinator, pictured at the first annual Engle Society luncheon.

1978. Central Penn College awarded its first Honorary Doctor of Humane Letters to J. Martin Engle on May 4, 2001. The couple's achievements and philanthropy were recognized in the cover story of the June 2005 *PennDulum*. 📖

Delaye Joins Education Foundation Board of Trustees

The Central Penn College Education Foundation is excited to announce the election of Jennifer Delaye as its newest trustee. Jennifer Delaye is CEO of The JDK Group, the founding organization of a collection of event service companies – JDK Catering, Essential Party Rentals, Imagine Event Design & Production and Weddings by JDK.

Delaye was introduced to the college through membership on its President's Circle. Since her introduction in 2009, Delaye has expressed passion and support for Central Penn's mission and high-quality, career-preparation approach. The Education Foundation looks forward to working with Delaye to

strengthen its strategic planning and community outreach efforts.

As a mother of four children and highly integrated CEO of JDK, Delaye always finds the time to give back to the community. She serves on the board of the Harrisburg Regional Chamber and the International Caterers Association. JDK is well known for its philanthropic commitment, as well. The company annually donates food and rental services to approximately 100 non-profit fundraisers



and organizations. For both her business savvy and community service, Delaye and JDK have received numerous accolades. For almost a decade, *Harrisburg Magazine* readers have named JDK the region's best caterer. In 2000, Delaye was chosen as one of Pennsylvania's "50 Best Women in Business." In 2005, JDK

Catering was selected as "Small Business of the Year" by both the Harrisburg Regional Chamber and the *Central Penn Business Journal*. 📖

Central Penn College Education Foundation

Fall 2010 & Spring 2011 Scholarships \$76,500 Awarded

Endowed Scholarships

Anonymous Endowed Scholarships

Amy Bair
Robert Boca
Drake Budde
Kelly Crandall
Crystal Crumlic
Eugene Deimler
Allison Grimm
Khabir Hansley
Tyler Wagner

Bailey Family Foundation Endowed Scholarship

Eric Cousar
Montez Lacy
Aaron Marshall
Melissa May
Amanda McCauley
Yuen Smith
Christopher White

Bart and Jean Milano Endowed Scholarship

Georgiarose Degross
Essence Finks
Aijja Frost
Anthony Janouris
Keisha Williams

Bob Wright Endowed Scholarship

Alison Fisher

Byler Family Endowed Scholarship

Holly Mariano
Ashley Mullen
Jeffrey Neubauer
Jacob Pierce
Brett Rudder
Seth Stewart
Martha Venti

Charles "T" Jones Leadership Library Endowed Scholarship

Tina Boehmer
Cristy Doyle
Zeena Garnett
Daveeda Jones
Laurene Kamara
Sean Riley
Amanda Wood

Craig C. Parker Endowed Scholarship

David Drumm
Ashlie Miller

Daryl and Dennis Kenes Endowed Scholarship

Shaneese Henry
Markia Jackson

Derek Hathaway Leadership in Business Endowed Scholarship

Allex Hartzell
Tabitha Knappenberger

Dimitri Stadnyk Endowed Scholarship

Taylor Enders

Donald B. and Dorothy L. Stabler Foundation Endowed Scholarship

Catherine Anthony
Katie Arvey
William Harris
Jodi Long
Laura Longenecker
Sandra Matos
Nathan Mitchell
Tracy Morton
Wildy Pierre
Melissa Post
Quinn Wetherall

Glenn and Marsha Zehner Endowed Scholarship

Stephen Campbell

Harold J. Stahle, Jr. '44 Endowed Scholarship

Carmen Degross
Sheneir McFarlane
Becky Mohr
Felicia Stamey

Holtzman Family Endowed Scholarship

Zeena Garnett
Beth Sullenberger
Cheryl Thomas

J. Martin Engle '29 Endowed Scholarship

Kimberly Campbell
Ryan Fetrow
Jeffrey Neubauer

Terrance Rosa
Valorie Rosi
Scott Wilson

Jack F. Keiser Endowed Scholarship

Danielle Norcross
Shanae Roberts

James and Tamara Hepfer Endowed Scholarship

Latoya Daniels
April Decker
Juanita Sinclair

Peter and Mary '77 Phillips Endowed Scholarship

Tyesha Lebron
Aaron Marshall

Rhea Reese-Madden '40 Endowed Scholarship

Ariel Livelsberger
Shenise Wilkins

Thomas and Theresa Fraticelli Endowed Scholarship

Michele Wright

Tremendous Living Foundation Endowed Scholarship

Anthony Bowles
Linda Carr

Named Scholarships

Alumni Association Scholarship Award

Ren Fultz
Matthew Kunkel

Capital Blue Cross Scholarship Award

LaTanya Gilbert
Kassy Ortega

Dermody Properties Scholarship Award

Skylar Hartnett
Kevin Rivera
Kathryn Sieber
Sherdena Washington

Hall Foundation Scholarship Award

Adrienne Bingaman
Francisco Gotay

Steven Kimmey
Janna Knapp
Shanda Leer
Ariel Livelsberger
Laura McEllhenney
John Texeira
Cheryl Thomas
Megan Weicht

John Crain Kunkel Foundation Scholarship Award

Anthony Bowles
Darius Clark
Allison Fisher
Brice Fuller
Cheri Hurst
Cindy Miller
Jamie Nace
Virginia Reid
Kristi Schramm
Susan Tychinski
Kimberly Wallace
Mary Zell

Joseph H. Schneitman '38 Scholarship Award

Allex Hartzell
Laura McEllhenney
Melissa Post
Brett Rudder

Manny DeValle Scholarship Award

Zeena Garnett
Amanda McCauley

William and Karen Gladstone Scholarship Award

Laura Longenecker

Annual Fund Scholarship

Acacia DeWan
Jennifer Jones
Jaime Levi
Jodi Pezzuti
Angela Palmer
Brian Reever
Joy Schwanger
Tammy Shea
Shannon Walborn
Janice Wall Shields

Fall 2010 & Spring 2011 Student Textbook Assistance Scholarships: \$3,185 awarded, 15 recipients

Central Penn College works to eliminate boundaries that keep busy adults from reaching their career dreams

Three degree programs now offered in the hybrid delivery method – a blend of in-person and online instruction

Students who work full-time in the Harrisburg area, particularly adult students, now have a flexible, convenient option to earn their legal studies bachelor's degree and paralegal and medical assisting associate degrees. Central Penn now offers these degree programs in a new, hybrid education delivery format, where students learn through a mixture of online and in-person courses at the Summerdale campus. Central Penn has worked closely with the specialized accrediting bodies for the degree programs to ensure that students in the hybrid programs will meet with success. The college began enrolling students in the hybrid programs during the summer 2011 term.

Online education is a rapidly growing delivery format at Central Penn College, representing 31 percent of the total student population. Since spring 2010, fully-online enrollment has grown 71.6 percent.

For those who serve, we salute you!

With the addition of a military outreach coordinator, Central Penn is now making a concerted effort to provide veterans with an academic and social support system, and to help them make sense of the military's education benefits. Eric Kann, an Army veteran, filled the new position in February.

Kann joined the Army in May 2001 and was part of the 3rd Battalion 75th Ranger Regiment out of Ft. Benning, Ga. He understands the unique mindset of our service men and women, having served for four years with the battalion and having completed four combat deployments—two to Iraq and two to Afghanistan.

Upon returning stateside, Kann attended Shippensburg University, graduating with a bachelor's degree in business administration in 2008.

"I am able to work with a group of students who I'm passionate about," says Kann, as he explains what he most enjoys about his new position. "The fact that Central Penn has such a good reputation when it comes to academic success is a bonus."

Kann welcomes contact with alumni (717-728-2424 or erickann@centralpenn.edu) and is especially interested in making contacts with military organizations.

Lifetime Career Services

by Steve Hassinger, Career Services Director

As you should already be aware, Central Penn College's Career Services department provides free, lifetime career assistance to its alumni. In an effort to consolidate some of the online tools available to both alumni and current students, we recently changed the method we used for job postings. The former online career center has been discontinued, and job postings are being submitted via the Optimal Resume website. The name we have chosen for the combined system is the Optimal Online Career Center. If you have not yet utilized the many tools available via the Optimal Online Career Center, we encourage you to check it out at the following link: <https://centralpenn.optimalresume.com/>.

In addition to searching job postings, the Optimal Online Career Center has modules to assist you with resume and cover letter preparation, skills assessment and interview preparation. You can also create an electronic portfolio and your own website to which you can refer potential employers. Of course, alumni who are in a position to hire other alumni or current Central Penn students are also encouraged to register as an employer and use the site as a recruiting tool!

Career Services is also very excited to announce the hiring of one of our very own alumna, **Amber Kreger '09**, as the newest member of our team. Kreger assumed her new position as a career services associate on June 20, and her office is located at Central Penn Lancaster. She will visit Central Penn Lehigh Valley periodically, and build additional employer relationships to assist students and alumni in the Lancaster, Lehigh Valley, Philadelphia and Baltimore labor market areas. Finally, she will develop web-based tutorials to assist our alumni from wherever they have Internet access throughout the world. Keep your eyes on the Career Services portion of www.centralpenn.edu for those additions in the near future.

For questions or additional information regarding these or other services, please contact me at 717-728-2262 or stevehassinger@centralpenn.edu.

Business Outreach Program gets makeover

There are many new and exciting updates to Central Penn's Business Outreach Partnership program for employers. For details on becoming a Business Outreach Partner, contact Beth Romanski at (717) 728-2409 or bethromanski@centralpenn.edu.

Three Steps to Managing Conflict

by Robert M. Donley, JD

If you live alone on a desert island and this edition of *PennDulum* happened to wash up on shore, you can skip this article.

For the rest of you, conflict is most likely a daily part of your lives. Whether it's with your boss, co-worker, spouse, parent, child, sibling, friend or acquaintance, if you interact anyone, you're eventually going to have a conflict.

A conflict happens whenever what you want isn't compatible with what someone else wants. Human beings have emotions, and those emotions can run high when a conflict arises, even if it isn't over anything "important." And that is where things turn dangerous. Win or lose, a conflict can damage relationships, sometimes beyond repair. Conflicts are never "just business." They are always personal.

Most of us don't manage conflict—we react to it, either by fighting or running. Fighting escalates the conflict, and running allows it to fester. Either way, we increase the risk of severe damage to the relationship when we react emotionally to conflict.

So how can we manage conflict so it doesn't hurt our relationship with the other person? Here are three steps that can help:

Step #1: *Count to ten, and keep counting.* Emotions are real and powerful, and pretending you don't have them is a good way to develop ulcers. If a conflict angers or upsets you, that's fine—your emotions are as valid as anyone else's—but you won't be able to move on to step two until you're able to think about the conflict objectively. Meditate,

take a walk, vent to a friend, hit a punching bag; whatever works for you, but get your emotions under control before you try to take on the conflict.

Step #2: *Confront the conflict, not the person.* If you're in a conflict with someone, then you both have a mutual enemy: the conflict itself. Focus your attention on what is causing the conflict, and approach the other person with that goal in mind. Instead of demanding that the other person see things your way (an all too common response to conflict), invite the other person to help you find a resolution that both of you can live with. Sometimes all it takes to heal a conflict and save a relationship is a little cooperation.

Step #3: *When all else fails, get help.* Many conflicts can be resolved between the parties themselves, but if they can't, someone else may need to intervene. This person might be a trained mediator, or just a trusted, clear-headed mutual friend. Don't be afraid to ask for help if you can't resolve a conflict on your own. Even if the conflict is very personal, it is far better to bring in a third party than to allow a relationship to die because you were too proud to ask for help.

These suggestions won't resolve all conflicts, but if you put them into practice, you'll have a better chance of saving your relationships from the damage conflicts can inflict. And that is reason enough to try.



Robert (Bob) Donley is a lawyer and professor of legal studies at Central Penn College. He is also a trained mediator and coordinator of the peer mediation program at Central Penn, where he teaches alternative dispute resolution. He is proprietor of Donley Mediation Services, providing mediation and conflict management consulting services, and has spoken about conflict management and resolution to organizations throughout the Northeastern United States. A resident of Lebanon, Pa., Donley serves the central Pennsylvania community as a volunteer mediator and member of the board of directors of Neighborhood Dispute Settlement in Harrisburg, Pa. He can be reached through his website, donleymediation.weebly.com, or via email at donleymediation@yahoo.com.

College Corner, a new addition to *PennDulum*, provides you with expert insights from Central Penn faculty and staff members.

Community fund-raiser brings Central Penn to its feet

Central Penn was the largest group in attendance at Randi's Race on May 7. Central Penn students, faculty, staff and family members numbered 36 at the event. The college brought in \$760 of the more than \$30,000 that was raised for Domestic Violence Services of Cumberland and Perry Counties. This race is an annual tribute to Randi Trimble, who was brutally murdered by a hit man hired by her husband in 2003.



Ortiz recognized with honorary doctorate; Shuster receives faculty excellence award



At Central Penn's 129th commencement ceremony, Hector Richard Ortiz received an Honorary Doctor of Humane Letters, in recognition of his work and passion in the field of education and social services, as well as his commitment to creating a better understanding of poverty, diversity and inclusion in the region.

Professor of Business Administration **Lynn Shuster** was awarded the **Todd A. Milano Faculty Excellence Award** for her 30 years of outstanding and passionate leadership, embodiment of the college's core values and commitment to her students.

Jurist Academy exposes students to life in law school



Central Penn students **Eric Cousar** and **Janira Rivera** were two of the first ten students to participate in a new partnership with Widener University School of Law's Harrisburg campus, through its Jurist Academy, a law school preparatory program for rising college juniors and seniors. The two-week immersion program was designed to introduce minority undergraduate students to the idea of law school and a legal career. Both Cousar, of Easton, Pa., and Rivera, of Lebanon, Pa., are planning to attend law school upon graduation from Central Penn. Cousar hopes to become a defense attorney.

Library Loop benefit

Central Penn students and staff participated in the Fredricksen Library Loop benefit on Aug. 6 to help raise money for the library and its services.



(back row from left to right) Foundation Director Matt Lane, Joy Graves, Carl Roberts, Clemmeh Varence, Denzel Wilson
(front row from left to right) Online Enrollment Counselor Melissa Hiestler, Sir Will, Erika Joseph, Marketing Associate Kim Gusic



Photo (left to right): On January 18, President Todd A. Milano enjoyed lunch and conversation with Chancellor John Cavanaugh, State System of Higher Education. Also present were Barbara Maroney, Central Penn dean of continuing education, and Central Penn student Mitzi Mattis.



Tony Martin, vice president, business information systems, Martin's Famous Pastry Shoppe, Inc., visited campus on May 26 to learn more about Central Penn College and its students. Photo (left to right): student Kyle Szives, Information Technology Professor Jeremy Dixon, Tony Martin and President Todd A. Milano.



On June 14, Polly Dietrich visited campus to meet student recipients of the Joseph H. Schneitman '38 Scholarship established in memory of her father. Photo (left to right): student Curtis Voelker, students and scholarship recipients Melissa Post and Laura McEllhenney, Polly Dietrich, President Todd A. Milano.



On April 6, Hasu and Hersha Shah visited Central Penn for a tour of campus and lunch at the Boyer House. Photo (left to right): Strategic Advisor to the President Dr. Dilip Abayasekara, Foundation Director Matt Lane, student Curtis Voelker, Hasu Shah, Hersha Shah, Linda (Meiller) Milano '78 and President Todd A. Milano.

IT'S OFFICIAL!

www.centralpenn.edu

Central Penn has launched a new website! Please explore the new website and let us know what you think of Central Penn's fresh, new modern look with updated content. www.centralpenn.edu





On March 16, the college's President's Circle met on campus to learn more about Central Penn's online programs and to provide guidance to college leadership. Photo (from left to right): President's Circle members Brian Gibson, operator, Chick-Fil-A, Mechanicsburg, Pa. and retired Ames True Temper President Duane Greenly with President Todd A. Milano.

On May 9, the college celebrated the life of Lt. Manuel DelValle on campus with a special luncheon and scholarship presentation. DelValle was a firefighter who heroically lost his life at the World Trade Center on September 11, 2001.



(left to right) President Todd A. Milano with DelValle's family - Grisel Moyer, Christopher Rosa, Luis Rosa and Peter Moyer.

Lasting bonds

A wonderful and long-lasting friendship began in the fall of 1945 when **Jane Yoder '47** and **Ruth Miller '47** met at Central Penn. Both enrolled in the secretarial program. Sixty-six years later they remain close. Yoder still finds it amazing that the Central Penn registrar, Mr. Dimeler, was recruiting students at Belleville High School, just outside of Lewistown, Pa., where she grew up. Miller, whose home was in Ravine, Pa., learned about Central Penn from others who attended her high school, Pine Grove High.

"Mom lived with the Swope family who had moved to Harrisburg from Belleville," shares Yoder's daughter Cindi Frysinger. "She helped take care of their children. Mr. Swope would drive her to school [Central Penn] and she would take the bus home. It was quite a walk home for mom from where the bus dropped her off on Derry Street. Aunt Ruth drove her dad's car from Ravine to Pine Grove; then he would take the car and go to work, and she would board the bus to Central Penn."

Graduating in January 1947, Miller returned to Pine Grove, working in the mills until she landed a job as the district's secretary for the superintendent of schools, where she worked until retiring. She married Ernest Harris. Yoder went to work for General Motors Insurance Company in Harrisburg. She remained there for five or six years, married Al Richwine; and when their first daughter, Cindi, was born, Yoder began her career as stay-at-home mom. Later, another daughter, Kathy, joined the family. Ruth and Ernest had no children, but quickly became Aunt Ruth and Uncle Ernest to Cindi and Kathy. Cindi recalls many special times visiting back and forth between the two homes.



A roving photographer snapped this photo of Yoder and Miller on Market Street in Harrisburg, Pa. in March 1946.



In August 2011, Cindi Frysinger enjoyed a tour of the Central Penn museum and the Boyer House when she gave President Milano this Central Penn sticker and a photo of her mom and Ruth Miller (pictured above). Such memorabilia is a cherished addition to the museum on Central Penn's Summerdale, Pa. campus. When you come across items like these, rather than discarding, please return them to your alma mater, so they can be enjoyed for generations to come.

Attend Future Alumni Association Meetings in Summerdale *OR* Lancaster

Due to an increase in interest from the Lancaster area, we will hold our Alumni Association meetings at both the Summerdale campus in ATEC Room 218 and at the college's Lancaster Center. Utilizing video conferencing technology, we are able to join in the same discussion. If you are interested in attending the next meeting in Lancaster, you may contact **Amber Kreger '09**, AmberKreger@centralpenn.edu, to RSVP your attendance. If you are interested in attending the meeting on the Summerdale campus or have questions, please feel free to contact Alumni Association Secretary **Kimberly (Bindl) Dietrich '08**, Kimberly.Dietrich@gmail.com.



The Central Penn College Alumni Association gathered on campus on June 29 for its quarterly meeting. Photo (left to right): Michelle Walter Meiser '93, president; Steve Hassinger, faculty/staff liaison; Kimberly (Bindl) Dietrich '08, secretary; Kristin (Ergler) Fike '07, vice president; Dustin Barkman '98, treasurer; Justin Coleman '06.

family
**FALL
HARVEST**

Plan to attend this fun-filled event! This October, alumni, students, parents, faculty, staff, family members and friends will gather on the Summerdale campus of Central Penn College to participate in our annual Fall Harvest. Various activities across campus are being planned for all ages and will be offered free of charge. Just a few of the activities you will see are pumpkin carving, face painting, craft vendors, tours of the Boyer House, a DJ, velcro wall, mechanical bull, fear factor competition and polar bear swim. The crowning of the Fall Harvest king and queen will cap off the event.

Please accept this early invitation and mark your calendar now so you can join in the fun from 10 a.m. to 2 p.m.

Saturday, October 22



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The couple is pictured with student Zeena Garnett '11. The Kerstetters reside in Hummelstown, Pa.



(left to right): Linda (Meiller) Milano '78, Kathy '76 and Mike Aumiller '73, student Quinn Wetherall and President Todd A. Milano.

Alumni, please keep us informed

We don't want you to miss a single issue of your alumni publication, so be sure to let us know if you marry, move or change jobs. Your success is important to us so keep us informed of career changes and promotions. And if you know someone who attended Central Penn, but is not receiving *PennDulum*, encourage them to contact us or stop by and visit. Alumni are always welcome!

1940s

Ruth Kerstetter '48 and her husband, Jerry, visited campus on March 3.

1970s

Mike '73 and **Kathy '76 Aumiller** visited campus on May 24.

Sonia (Rivera) Watchman '74, legal secretary, is a lead team supervisor for National Government Services. She was recently recognized by her employer for her "above and beyond" leadership during a Harrisburg-based employee training program. She has been married to David Watchman for 33 years and has four children and five grandchildren.

1980s

Monica (Eavenson) Trego '84, travel and tourism, is a meeting and convention sales manager for Pennsylvania Dutch Convention and Visitors Bureau. Trego was recently married. She fondly remembers being a candidate in the Miss Central Penn Pageant. She says, "It was a very funny experience!" Trego resides in Mount Joy, Pa.

Jerilyn (Haas) Giacone '80, travel and tourism operations, has lived in Wantagh (Long Island), N.Y. for the last 22 years, is married, and has two daughters. In 2010, Giacone accepted a new sales position at



Jerilyn (Haas) Giacone '80

Carnival Cruise Lines as director of sales for charters, corporate meetings and incentives after 28 years with Carnival as a business development director in various field sales positions. Prior to Carnival, she was a travel consultant with a travel agency in Allentown, Pa. after graduating from Central Penn. Giacone recently visited Central Penn with her

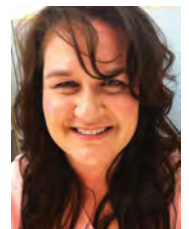
family and was pleased to see the growth and improvements on campus. "It brought back fond memories of my time at Central Penn that I could share with my daughters," she said. Giacone can be contacted at gjaicone@carnival.com.



Karen (Sherman) Rose '85 and her mother, Patty Sherman, toured the Summerdale campus on April 28. Karen took time to speak with one

of Professor Nikki Marhefka's classes. Rose was amazed at how the campus had grown in recent years. After Rose completed her Central Penn associate degree, she ran a clinic lab in Charleston, S.C. Originally from Lewistown, Pa., Rose now resides in Newport News, Va., where she is the medical assisting program coordinator for Centura College, a career school. She has one son, Kyle, 22, who attends North Carolina Agricultural and Technical State University.

Victoria (Spak) Roberts '89, legal assistant, is a business analyst for a Highmark subsidiary by day and a historical romance author by night. Roberts is represented by Jill Marsal of the Marsal Lyon Literary Agency. She has been contracted for a three-book series deal from Sourcebooks. Her first Scottish historical novel is due out in fall 2012. You can find Roberts at victoriarobertsauthor.com or marsallyonliteraryagency.com.



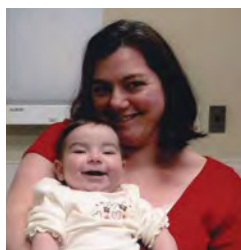
Victoria (Spak) Roberts '89

1990s

Becky Mock '96, medical assisting, married Joshua Clapper on October 23, 2010. She is employed at ProCare

Health Systems. The couple resides in Roaring Spring, Pa.

Karen (Palmer) Arehart '97, physical therapist assistant, is a PTA for Legacy Physical Therapy. Arehart shares, "A big hello to Alex Guzman. Thanks for printing your update in the last issue of *PennDulum*. So good to hear you are doing well!" Arehart resides in Parrish, Fla.



Leanne M. Adamcik '98 with daughter, Dana

Leanne M. Adamcik '98, office administration, pictured with her ten-month-old daughter Dana. Adamcik resides in Allentown, Pa.

2000s

Tracy (Tice) Sweitzer '00, office administration, is a building/principal secretary for the State College Area School District. She resides in Pleasant Gap, Pa.

Kelly Helsel '03, paralegal, is a paralegal and notary public for Edna M. Moore, Esq. Helsel is a recent graduate of Leadership York's "Executive Connections" class, which she participated in as an officer of a York non-profit group called R.O.A.R! (Responsible Ovarian Awareness Required!). Her position with R.O.A.R! recently went from an officer/volunteer role to a paid position. Helsel resides in York, Pa.

Scott Packard '03, marketing, is in marketing and sales for Professional Auto Body. He resides in Altoona, Pa.

Jeremy Stone '04, BS in corporate communications, '03, multimedia and internet production, has been very busy traveling the globe on video shoots. Stone recently traveled to Scotland shooting Donald Trump's golf show and

just wrapped up a season of shooting Hank Haney and Rush Limbaugh on The Haney Project. Stone also recently worked on a 12-episode series for National Geographic.

Farah Abdulmajid '06, BS in business administration – management, is national deli operations specialist for Pilot Flying J. Travel Centers. She resides in Harrisburg, Pa.

Andrea (Stonesifer) Aldinger '06, BS in business administration, is center operations director for Concentra Medical Center. She shares, "Central Penn was extremely convenient for me to attend while working full time. If the option was offered for master's degrees, I would definitely enroll!" Aldinger resides in Etters, Pa.

Heather (Baldwin) Altland '06, BS in business administration, is a human resources analyst 1 for the Pennsylvania Department of Corrections. She shares, "I had a wonderful experience at Central Penn." Altland resides in Dillsburg, Pa.

Andrea (Coplin) Berta '06, medical assistant, medical secretary, is a teaching assistant for Mahanoy Area Middle School. She shares, "Professor Nikki Marhefka played a big role in my education while I was at Central Penn. She was always there to help me whenever I needed it and she is the main reason I decided to change my major. She is a great teacher and a great advisor." Berta is currently studying medical transcription through Career Step and resides in Hazelton, Pa.

Danielle (Baker) Blattenberger '06, BS in corporate communications, is secretary II for Holy Spirit Hospital, Department of Education. She married husband, Craig, in August 2008 and has a two-year-old daughter, Lucy Sue. The family resides in Marysville, Pa.

ERIC GUTSHALL '10 came to Central Penn on Wednesday, April 13 to speak with students about his current position as a legislative assistant for Congressman Todd R. Platts.

Coming to Central Penn in 2007, Gutshall was a business administration major, but always had a passion for politics and political science. During his time at the college, Gutshall worked as a teller for a local bank and also volunteered for one of the presidential candidates during the 2008 presidential election.



"Through my volunteerism, I made contacts who led me to apply for an internship opportunity in the office of Congressman Todd R. Platts in Washington, D.C.," said Gutshall. "Needless to say, it was the best move I could have made."

During his internship, he worked very hard, which impressed Platts. The day before Gutshall graduated from Central Penn, Platts asked Gutshall to work full time for him. While talking to students, Gutshall told stories about his current job, then stressed to students to never give up on their passions.

"Find your passion and discover how to reach it," said Gutshall. "You'll realize that the enjoyment isn't just your passion, but also the adventure that takes you to it."

Justin Coleman '06, BS in business administration, is now president and CEO of JCNA Financial. He resides in Harrisburg, Pa.

Susan Ewing '06, BS in corporate communications, is social media manager for Hershey Harrisburg Regional Visitors Bureau. She resides in Marysville, Pa.

Katrina (Grubb) Faulkner '06, physical therapist assistant, is a PTA for Professional SportsCare and Rehab. She completed

her BS in healthcare administration at the University of Phoenix. Faulkner resides in Washington, D.C.

Heather (Bonsall) Foley '06, physical therapist assistant, is a PTA for People First Rehab at Wyomissing Nursing and Rehab. She resides in Laureldale, Pa.

Kristen Gearhart '06, BS in criminal justice administration, is a residential specialist for Supportive Concepts for Families, Inc. She resides in Lewistown, Pa.



Joseph Gifford '06 with wife Rachel (Kline) Gifford '07

Joseph Gifford '06, BS in criminal justice administration, is an aftercare supervision officer for the Dauphin County Juvenile Probation Office. Gifford currently is working on his Master of Science degree in Administration of Justice at Shippensburg University. He is married to **Rachel (Kline) Gifford '07**. The couple resides in Mechanicsburg, Pa.

Kelvin Jones '06, computer information systems, is an assistant store manager for Wal-Mart. He resides in Carlisle, Pa.



Klinger pictured with her daughter Madison.

Heather Klinger '06, BS in corporate communications, is customer support supervisor for Manheim Pennsylvania. She resides in Lebanon, Pa.

Brandon Korell '06, BS in business administration – management, is field operations manager for CCC Information Services. He resides in Shiremanstown, Pa.

Kirsten Kutler '06, BS in legal studies, graduated from Widener Law School's Harrisburg campus in May 2011 as class valedictorian. Kutler shares with Professor John DeLeo, "I want to thank you for building the foundation of my legal education at Central Penn."

Ashley (Reisinger) Martin '06, physical therapist assistant, is a PTA for CPRS Physical Therapy. She resides in New Bloomfield, Pa.

Debbe (Peterson) Plummer '06, BS in criminal justice administration, is a counselor advocate for Passages, Inc. She is currently working on her Master of Science degree in Human Services/ Counseling at Capella University. Plummer resides in Reynoldsville, Pa.

Matthew Potter '06, BS in business administration – marketing, earned his master's degree in human resource management at American Intercontinental University. Potter was recently promoted to associate store manager of visuals for the Times Square flagship store of Aeropostale. Potter resides in Astoria, N.Y.



Matthew Potter '06

Tina Raup '06, BS in business administration, is fiscal manager for Susquehanna Valley Women in Transition. She resides in Lewisburg, Pa.

Stacey (Pierce) Scott '06, BS in business administration – healthcare, '04, BS in business administration – management, is admissions director for Central Penn College. She resides in York, Pa.

Sarah Sechrist '06, BS in corporate communications, '04, BS in corporate communications, is a public relations program administrator at Godfrey Advertising, Inc.

Heidi Siirtola '06, physical therapist assistant, is a PTA for Winchester Physical Therapy and Sports Medicine. She resides in Martinsburg, W.Va.

Laura (Webb) Wrinkle '06, BS in criminal justice administration, is a case manager/substance abuse counselor for Jacksonville Treatment Center. Wrinkle currently is working on her Master of Science degree in Forensic Psychology at Argosy University. She resides in Jacksonville, N.C.

Rachel (Kline) Gifford '07, BS in business administration – finance, obtained her master's in leadership in 2009 from Shippensburg University and is currently in the leadership doctoral program at Alvernia University.

Sabrina (Bowman) Marshall '07 BS in criminal justice administration and '03, office administration, is pictured with her son, Alex.



Sabrina (Bowman) Marshall '07 with son, Alex

Kervis Caraballo '08, BS in business administration – management, is working on his Master of Business Administration at Kutztown University.

Stephanie (Kramer) Portman '08, BS in business administration – finance, is a release management lead for Highmark, Inc. She resides in Mechanicsburg, Pa.

Briana Bollinger '09, physical therapist assistant, is a PTA for MBS Rehab. She resides in Port Arthur, Tex.



Briana Bollinger '09

Jessica Diller '09, BS in business administration, is technology services project coordinator for Lancaster Lebanon Intermediate Unit 13. She resides in Brownstown, Pa.

Lena Fortini '09, BS in business administration, is director of sales and catering for The Coliseum. She resides in Camp Hill, Pa.

Caitlyn Hoffman '09, digital arts, is a graphic designer for All Union Signs & Promos. She resides in Camp Hill, Pa.

Bethany (Sudbury) Kappenstein '09, BS in business administration, is a human resources specialist for Leabon VA Medical Center – Department of Veterans Affairs. She resides in Newmanstown, Pa.

Amber Kreger '09, BS in business administration, is a career services associate at Central Penn College. She resides in Leola, Pa.

Lyndsay Pollock '09, BS in corporate communications, is an administrative support assistant for The Pennsylvania State University. She resides in McVeytown, Pa.

2010s

Amanda Arce '10, BS in business administration – marketing, is a project manager for Pavone Advertising. She resides in Harrisburg, Pa.

James Bamberger '10, BS in business administration – management, is assistant manager at Staples. He resides in Elizabethtown, Pa.

Sara Brophy '10, BS in business administration – marketing, is a shift manager for Hershey Lodge. She resides in Lebanon, Pa.

Shawn Flickinger '10, criminal justice administration, is a security officer for Central Penn College. He is continuing his education at Central Penn College and resides in Harrisburg, Pa.

Amanda Hoffman '10, small business/ entrepreneurship, is sales leader for Pier 1 Imports. She resides in Carlisle, Pa.

Stephanie Irizarry '10, BS in criminal justice administration, is a legal assistant for Stevens & Lee. She resides in Shillington, Pa.

Veronica Kell '10, BS in criminal justice administration, is an income maintenance caseworker for York CAO Department of Public Welfare. She resides in Harrisburg, Pa.

Abby Miller '10, physical therapist assistant, is a PTA for Drayer Physical Therapy Institute. She resides in Mechanicsburg, Pa.

Linda Mosher '10, BS in accounting, is a financial analyst for MWR Department of the Navy. She resides in Shermans Dale, Pa.

Marci Neidig '10, BS in business administration – marketing, is an administrative assistant for Cutting Edge Media, Inc. She resides in Bainbridge, Pa.

Ashley Olivera '10, physical therapist assistant, is a PTA for Manor Care. She resides in Marysville, Pa.

Kelly Peck '10, BS in accounting, BS in business administration, works in the cost department for the Beistle Company. She resides in Shippensburg, Pa.

Brian Shepard '10, BS in business administration, is regional vice president for Genworth Financial. He resides in Carlisle, Pa.

Ann Rissinger '10, BS in business administration, is an administrative assistant II for the Pennsylvania Higher Education Assistance Agency. She resides in Camp Hill, Pa.

Jeffrey Smith '10, BS in information technology – cyber security, is an information technology generalist I for the Commonwealth of Pennsylvania – Department of Military and Veterans Affairs. He resides in Lykens, Pa.

Shannon Speelman '10, BS in criminal justice administration, is a data mining analyst for Rite Aid Corporation. She resides in Enola, Pa.

CATHY (CROWL) MORYKAN '84,

travel and tourism operations, has been employed by B. Braun Medical Inc. for 20 years. She currently is senior human resources representative—providing HR and employee relations support for approximately 1,200 employees.

“It was not only the education I received from Central Penn that was valuable to me, it was also the sense of responsibility that was instilled in me,” says Morykan.

When asked if she had any advice for today's Central Penn students, Morykan shares, “It doesn't matter what your first job is as you begin your career; first impressions are forever, so make them count. Central Penn has given you the education and knowledge of what is required in today's ever-changing work force. The rest is up to you!”



Continuing her education beyond Central Penn, Morykan earned a bachelor's degree in human resources from Muhlenberg College. She and husband Roger have a 13-year-old daughter, Dana. Morykan enjoys camping and going to the beach, is an avid reader and resides in North Hampton, Pa.

Tia (Jackson) Whitaker '10, BS in business administration, is supervisor, office & retention, for AmeriHealth Mercy Health Plan. She resides in Harrisburg, Pa.

JoAnn Wills '10, BS in business administration, is a massage therapist and owner/operator of the Oasis Haven Wellness Studio. She is currently pursuing an MBA from Post University and resides in Yeagertown, Pa.

Calendar

Fall Harvest

Central Penn College, Summerdale, Pa.
Campus-wide, alumni and friends invited.

For more information, contact Courtney Drahovsky, 717-728-2270,
CourtneyDrahovsky@centralpenn.edu

Saturday, October 22
10 a.m. to 2 p.m.

Fall Career Expo

The Conference Center at Central Penn College, Summerdale, Pa.
Alumni invited.

For more information, contact Career Services, 717-728-2262,
stevehassinger@centralpenn.edu.

Thursday, October 27
9:30 a.m. to 12:30 p.m.

Black History Month Luncheon and Program

The Conference Center at Central Penn College, Summerdale, Pa.
Alumni and friends invited. To RSVP, contact Dean Kathy Andersen at
717-728-2503, kathyandersen@centralpenn.edu.
Date and time to be announced.

Central Pennsylvania Employment Consortium (CPEC) Job & Internship Fair

Radisson Penn Harris Hotel & Convention Center, Camp Hill, Pa.
Alumni invited. To register, contact Career Services, 717-728-2262,
stevehassinger@centralpenn.edu.

Friday, February 17, 2012.
10 a.m. to 3 p.m.

2011-2012 Men's Basketball Home Games*

Monday, November 14, 8 p.m.
vs. PSU-Schuylkill

Friday, November 18, 8 p.m.
vs. PSU-York

Thursday, December 1, 8 p.m.
vs. HACC

Saturday, December 10, 3 p.m.
vs. DeVry University

Saturday, December 17, 3 p.m.
vs. PSU-Beaver

Saturday, January 28, 3 p.m.
vs. Berkeley College of New Jersey

Thursday, February 9, 8 p.m.
vs. Luzerne County Community College

Saturday, February 11, 3 p.m.
vs. Davis College

Saturday, February 18, 1 p.m.
vs. Williamson

2011-2012 Women's Basketball Home Games*

Monday, November 14, 6 p.m.
vs. PSU – Schuylkill

Wednesday, November 16, 7 p.m.
vs. PSU – Brandywine

Saturday, November 19, 1 p.m.
vs. PSU – York

Thursday, December 1, 6 p.m.
vs. HACC

Monday, December 5, 7 p.m.
vs. PSU – Hazelton

Saturday, December 17, 1 p.m.
vs. PSU – Beaver

Monday, January 16, 7 p.m.
vs. Hagerstown

Saturday, February 11, 1 p.m.
vs. Davis College

*Played at East Pennsboro Area H.S. • 425 Shady Lane, Enola, Pa.

Create Opportunities for Tomorrow's Students.



Remember Central Penn in your will today.

By including the Central Penn College Education Foundation in your estate plan, you can invest in the future of the college and its students. There are a variety of scholarship funds to choose from—and you can designate your scholarship to be awarded in a way that is most meaningful to you. Contact us to learn more.

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centralpenn.edu/foundation
foundation@centralpenn.edu

Muriel A. Floyd died Tues., March 8, 2011 at the age of 87.

Phyllis Ada Forney died Wed., April 6, 2011 at the age of 89.

Nancy L. Holland died Mon., Jan. 3, 2011 at the age of 68.

Marion L. "Eshenaur" Mundis died Sat., May 14, 2011 at the age of 90.

Pauline Catherine Champion Underwood died Mon., Jan. 24, 2011 at the age of 92.

Kathryn Killick Wise died Mon., May 16, 2011 at the age of 92.

Evelyn K. Tressler '37 died Mon., Feb. 21, 2011 at the age of 92.

Dorothy E. Leiby Watkins '42 died Tues., March 22, 2011 at the age of 88.

Florence Kerr '58 died Sat., Feb. 12, 2011 at the age of 90.

Roberta Lynn (Stuckey) Horst '74 died Mon., July 25, 2011 at the age of 55.

Julia M. Grove '78 died Wed., May 25, 2011 at the age of 53.

Kimberly L. Intrieri '81 died Sat., May 7, 2011 at the age of 49.

William J. Weed '95 died Tues., March 15, 2011 at the age of 35.

Jamie K. Guardascione '09 died Wed., April 6, 2011 at the age of 41.



Let us know!

We want to know about any changes or other exciting news that you would like to share with classmates. Include a business card and/or recent photo to give it that special touch. For quality reproduction, all photos must be originals and unmarked. Photos also may be submitted as a 300 dpi .jpg file to: letusknow@centralpenn.edu. Include a self-addressed stamped envelope if you wish to have your photo returned.

Name: _____ (Maiden) _____

Phone: _____

Address: _____

City: _____ State: _____ Zip: _____

E-mail Address: _____

Graduation Year: _____ Major: _____

Employer: _____

Title: _____

Your news/special memories: _____

May we print your e-mail address with your comments? Yes No

May we use your comments on other publications for the College? Yes No

Would you be interested in more information on: Alumni Association Alumni Mentor Program Reunions (Attending Planning)
 Planned Giving

We use several sources to gather information for Class Notes. If you prefer not to have information about you appear in *PennDulum*, please let us know by checking this box.

IMPORTANT NOTICE FOR ALUMNI WISHING TO CHANGE THEIR NAME

Alumni (and students) who want to officially change their names in the College database must submit a request form along with legal documentation of the name change. The form can be found on the College Web site at www.centralpenn.edu under the Alumni heading.

Documentation can include:

- A certified copy of a marriage license, court order, or dissolution decree reflecting the new name in full; or
- Current passport or official proof of identity; or
- A certified copy of a Social Security card or driver's license reflecting the new name.

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vision statement

OUR VISION for Central Penn College is a diverse student population, benefiting from caring faculty and staff, credentialed practitioners who delight in teaching. Collectively, we work to create the bridge that connects students to their professional goals through a rich assortment of career-centered programs by embracing hands-on learning and today's technology. Our vision is of a regional career college that reaches out to form partnerships with alumni, employers, educational institutions, and the community.

